

St. Tikhon's Camp

Packing List

Not sure what to bring to Saint Tikhon's? We suggest that you pack the following items in order to be prepared for the camp activities offered this year:

Clothing

- Camp Shirts (If you opted to re-use your own supply of shirts from previous years, don't forget to pack them. If you ordered shirts for this year, they will be provided to you at camp.)
- Shorts
- Underwear
- Pajamas
- Socks and Sneakers
- Sandals
- Dress Clothes and Shoes appropriate for church
(The Monastery Church is now air-conditioned (hurray!), so a light cardigan or jacket might be good to pack.)
- Swimsuit and Beach Towel

Toiletries

- Shampoo & Conditioner
- Soap or Shower Gel
- Washcloth or Shower Pouf
- Bath Towel
- Shower Shoes
- Toothbrush & Toothpaste
- Deodorant
- Brush and/or Comb
- Shaving Supplies
- Prescription Medications (These may be left with the Nurse or self-distributed by the camper.)

Bedding

- The camp has sleeping mats for our campers to use. You are also welcome to bring your own mat or air mattress if you prefer.
- Sleeping bag, or sheets and blanket for

your mat/ mattress. (Bring twin size sheets if using the camp mats.)

- Pillow and Pillowcase

For the Great Outdoors

- For the Great Outdoors
- Sunscreen
- Sunglasses
- Hat
- Bug Spray
- Refillable Water Bottle
- Umbrella/Poncho in case of rain
- Sweatshirt/Long Pants for chilly evenings
- Pool Floaties (Bring if needed for extra support in the water.)

Other Suggested Items

- Fan for your dorm room
- A book to read, sketchbook, journal, etc.
- Pencils, pens, crayons, scissors to use in dorm room
- Deck of cards/Board games
- Musical instruments, electronic music files,
- or other items to be used during the Talent Show
- Fishing Rod/Lures

PLEASE DO NOT BRING

- **Short shorts, low-cut dresses, mini-skirts, leggings, yoga/athletic or form fitting pants (Don't forget, we will be on Monastery grounds!)**
- **Clothes bearing inappropriate messages**
- **Illegal substances, alcohol, or cigarettes**
- **Weapons**
- **Handheld gaming devices**
- **Cell phones, Laptops, netbooks, portable DVD players**
- **Snacks/Candy**

- **Cell Phones** *If cell phones are needed for emergencies, the cell phone will be given to the counselor and used in coordination with the counselor. The camp is not liable for lost or damaged cell phones.*